



Science
Undergraduate
Society

HEALTH AND WELLNESS COMMITTEE
MEETING MINUTES

The Science Undergraduate Society of UBC c/o Science Student Information Centre, Room A150 - 6221 University Boulevard,
Chem/Phys Bldg., UBC, Vancouver, BC V6T 1Z1. Telephone: 604-822-4235 - info@sus.ubc.ca - www.sus.ubc.ca

SUS Health and Wellness Committee Meeting

Monday, October 31, 2016 – 5:00PM | Abdul Ladha Rm 103

Important things

To-do

Date of Meeting: Monday, October 31, 2016

Location: Abdul Ladha Science Student Centre

Call to order:

The meeting was called to order at 5:00 PM.

Attendance:

Markus

Jason

Vrinda

Michelle

Cyndi

Jennifer

Regrets:

Sam - Councillor

Avery

Katelyn



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Charity - Movember prostate stuff!

1) Corporate Relations

- a) Submit budget report

2) Email + Facebook (Update description)

3) Events

- a) Each person pick an event and lead it!
 - i) Check Timeline for your assignments

4) Coffee booth

- a) 1/week in November
 - i) Tuesdays
- b) Check if we can borrow huge containers & carts for coffee from Brock Hall
- c) Double check if we can walk around Irving with coffee/hot chocolate
- d) Change cover photo on facebook with days we will be outside
- e) Ask avery to buy instant coffee (& cups?)!!
- f) Talk to graphic designer about cover photo
- g) Come up with cute name for this
- h) Create poll with times we can booth
- i) With Krispy Kreme donuts on the side!!
 - i) Katelyn - contact Krispy Kreme

5) Cooking videos



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- a) Friday 4-6 at Jennifer's place
 - i) **Make confirmation post**
- b) Smoothies
 - i) Fruit
 - ii) Veggie
- c) Sandwiches
- d) Toast + Honey
- e) Overnight Oats
- f) **Post recipes you may know!**

6) Crewnecks

- a) Black and white?
- b) White and blue?
- c) Embroidered
- d) Contact Lindsay and her people
- e) Look into prices
 - i) \$40-\$50

To Do:

1. Submit budget report
2. Update facebook description
3. Check if we can borrow huge containers & carts (& cups?) for coffee from Brock Hall
4. Double check if we can walk around Irving with coffee/hot chocolate
5. Avery... can you buy instant coffee?
6. Talk to graphic designer about cover photo
7. Create poll with times we can booth for free coffee
8. Make confirmation post about cooking video times
9. Find recipes for cooking videos?



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10. Katelyn - contact Krispy Kreme
11. Contact Lindsay and her people about Crewnecks

Adjournment:

The meeting was adjourned at 5:56 PM.

Michelle Lisonek
Health and Wellness Committee Secretary